



**LEGION MANOR VICTORIA  
MENU JANUARY 19-25TH**

**FRESH FRUIT, JELLO, PLAIN YOGURT AND ICE CREAM ARE AVAILABLE WITH EVERY MEAL.**

**SOUP SERVED AT 11:45, LUNCH AT 12:00 NOON. DINNER SERVED AT 5:00**

**A COLD PLATE ALTERNATIVE IS AVAILABLE FOR ALL MEALS; PLEASE SIGN UP FOR IT.**

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY   | SUNDAY  |
|--|---|---|--|---|--|---|
| <b>LUNCH</b><br><br><b>SOUP OF THE DAY</b><br><b>GRILLED CHEESE SANDWICH</b><br><b>SALAD</b><br><br><u>OR</u><br><br><b>SMOKED SALMON TORTELLINI</b>                                     | <b>LUNCH</b><br><br><b>SOUP OF THE DAY</b><br><b>TUNA MELT CUCUMBER SALAD</b><br><br><u>OR</u><br><br><b>EGG SALAD CROISSANT</b>                                | <b>LUNCH</b><br><br><b>SOUP OF THE DAY</b><br><b>ENGLISH STYLE FISH &amp; CHIPS</b><br><b>COLESLAW TARTAR SAUCE</b><br><br><u>OR</u><br><br><b>COLD PLATE</b> | <b>LUNCH</b><br><br><b>SOUP OF THE DAY</b><br><b>PANCAKES SAUSAGE FRUIT</b><br><br><u>OR</u><br><br><b>BEEF CHILI</b>  | <b>LUNCH</b><br><br><b>SOUP OF DAY SHEPHERDS PIE</b><br><b>SALAD/ BALSAMIC DRESSING</b><br><br><u>OR</u><br><br><b>BREADED MUSHROOM/ FETA CHEESE</b>      | <b>LUNCH</b><br><br><b>SOUP OF THE DAY</b><br><b>CORNISH PASTIE SALAD</b><br><br><u>OR</u><br><br><b>SPAGHETTI &amp; MEAT SAUCE</b>                          | <b>LUNCH</b><br><br><b>PORRIDGE</b><br><u>OR</u><br><b>SOUP OF THE DAY</b><br><br><b>POACHED EGGS</b><br><b>TOAST SAUSAGE &amp; BACON</b> |
| <b>DINNER</b><br><br><b>SEASAME CHICKEN THIGH /PEANUT SAUCE</b><br><b>BASMATI RICE VEGETABLES</b><br><br><u>OR</u><br><br><b>TURKEY &amp; CRANBERRY SAUSAGE</b><br><br><b>CREAM PUFF</b> | <b>DINNER</b><br><br><b>SEAFOOD GRATIN SAFFRON SAUCE/RICE VEGETABLES</b><br><br><u>OR</u><br><br><b>SWEET &amp; SOUR MEATBALLS</b><br><br><b>CHOCOLATE CAKE</b> | <b>DINNER</b><br><br><b>SIRLOIN STEAK BAKED POTATO</b><br><b>SEASONAL VEGETABLES</b><br><br><u>OR</u><br><br><b>COLD PLATE</b><br><br><b>LEMON BAR</b>        | <b>DINNER</b><br><br><b>STUFFED PORK LOIN PEPPERCORN SAUCE</b><br><b>POTATO VEGETABLE</b><br><br><u>OR</u><br><br><b>SEAFOOD QUICHE</b><br><b>GARDEN SALAD</b><br><br><b>FRESH FRUIT</b> | <b>DINNER</b><br><br><b>BAKED FISH FILET PAN FRIES</b><br><b>VEGETABLE</b><br><br><u>OR</u><br><br><b>BUTTER CHICKEN CURRIE</b><br><br><b>CRÈME CAMEL</b> | <b>DINNER</b><br><br><b>BBQ CHICKEN BURGER</b><br><b>POTATO SALAD VEGETABLES</b><br><br><u>OR</u><br><br><b>BBQ BEEF BURGER</b><br><br><b>VANILLA MOUSSE</b> | <b>DINNER</b><br><br><b>ROAST BEEF YORKSHIRE PUDDINGS</b><br><b>MASHED POTATOES</b><br><b>SEASONAL VEGETABLES</b><br><br><b>TRIFLE</b>    |